



Buddhism 4.0: A Secular, Non-theistic Psychology as the Fourth Turning of the Wheel

Speaker

G.T. Maurits Kwee

Date

xxxxxx

Location

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Entrance fee

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#BUDDHISM 4.0

#friendship with/peace in self

#secular/non-religious

#guidance/coaching

#art/science of living

#buddhism/psychology

#mindfulness/heartfulness

#meditation/relaxation

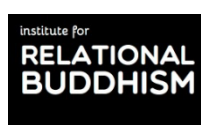
#humorous/blissful

#relational/convivial

#laughing/smiling

#rejuvenating/innovative

<http://relationalbuddhism.org>



A 2-6 hour experience of the scholarly history of Buddhist thought. Since the Buddha (5thc BCE) two other Buddhas after him, Nagarjuna (2ndc) and Asanga (half brother of the epistemologist Vasubandhu; 4thc) have enriched the teaching. Due to them, Buddhism can be viewed as a liberation quest, a philosophy and a religion, in Mahayana aka the 3 turnings of the wheel.

The present proposition is to view Buddhism as a secular/this-worldly and non-theistic psychological coaching and therapy method to transform karma by training wholesome intentional action when detoxifying the 3-Poisons. Thus: Buddhism 4.0, which could in traditional terms be called: the 4th *Turning of the Wheel*.

Why are we still talking about the wisdom of a man, who had no interest in a god or an after-life and who was not in rocket science? What did this man experienced and saw while sitting under a tree in the Iron Age? Looking within, he saw amongst others the dependent origination of his own thought-feeling-&-action, emotional projections like fear and anger, karma and its re-birth through the 3-Poisons: greed, hatred and ignorance on how the mind works; he experienced the salubrious effect of silence and emptiness, and hailed the value of loving-kindfulness, empathic-compassion and shared-joy in relational balance and equanimity as an antidote for unwholesome affect.

Sutras are explained as well as some Madhyamaka and Yogacara commentaries. Buddhism 4.0 offers a unique rendering of inter-mind by Social Constructional psychology.

Dr. G.T. Maurits Kwee, Ph.D.

(Em. Hon. Prof.), Clinical Psychologist, is a Faculty Member of the Taos Institute (USA) – Tilburg University (NL) Ph.D.-Program and founder of the *Institute for Relational Buddhism & Karma Transformation*, Netherlands. Being Zen and heartfulness adept as from his teens, he earned a doctorate in medical science from Erasmus University Rotterdam. Dr. Kwee was Visiting Prof. and Research Fellow at Waseda University, Tokyo, and at the Universidad de Flores, Buenos Aires.

As a clinician, researcher, supervisor and organizer of thirteen international conventions, he taught in various countries and was chairman of the Transcultural Society for Clinical Meditation (Japan) and board member of the Society for Constructivism in the Human Sciences (USA).

Dr. Kwee has designed a cutting-edge integral and secular psychology of Buddhism which transcends the traditional Buddhist schools. The heart of the matter is to find happiness as joy and contentment amid life's adversities by Karma Transformation of fear, anger and grief.

After retirement he devotes his energy to presenting a Buddhist psychology and psychotherapy/counseling and disseminates a refreshed/rejuvenated Buddhist teaching as an innovative method to boost mental hygiene through stress-inoculation. Dr. Kwee instructs and engineers a *practical art and science of living for the public at large*.